



CHIEF PATRON

Padma Shri Dr. D.K. Hazra

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Dr. Atul Kulshrestha

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SCIENTIFIC COMMITTEE**

Dr. A.K. Singh

**SECRETARY
SCIENTIFIC COMMITTEE**

Dr. Ashish Gautam

SCIENTIFIC PROGRAMME (Dated : 12.12.2025)

HALL – A

Time	Topic	Speaker	Chairpersons
03:25PM to 03:50PM	Dr. P.S. Shankar & Smt. Ambika Shankar Presidential Oration	Dr. Atul Kulshreshtha	
03:50PM to 04:15PM	The Caregiving conundrum	Dr. Vivek Handa	
04:15PM to 04:40PM	Hypertension in Elderly Population	Dr. Sunil Bansal	
04:40PM to 05:05PM	Indian recommendation for Sarcopenia by Geriatric Society of India	Moderator:- Dr. O.P. Sharma	Experts:- <ul style="list-style-type: none"> • Dr. P. S. Shankar • Dr. V. K. Arora • Dr. B. C. Bansal • Dr. O. P. Sharma • Dr. Agam Vora • Dr. Vivek Handa • Dr. Raju Vaishya • Dr. Anand P. Ambali • Dr. Dheeraj Kapoor • Dr. Rimesh Pal • Dr. Heli Shah • Dr. Atul Kulshrestha • Dr. Sajesh Asokan • Dr. A. K. Singh • Dr. Randeep Guleria • Dr. Seema Grover • Dr. Mohit Sharma
04:40PM to 05:05PM	Glycaemic Target and it's achievement in Indian elderly	Dr. Puneet Saxena	
05:05PM to 05:30PM	Wing Commander S.K. Jain Oration	Dr. Balakrishna Valliyot	
05:30PM to 05:55PM	Atypical Presentations: Be extra cautious in elderly	Dr. Rahul Bhattacharya	
05:55PM to 06:20PM	Management of Paralysed Geriatric Patients	Dr. H. N. Bajaj	
06:20PM to 06:45PM	Atypical is the new Typical: The Diagnostic Nightmare of Geriatric Tuberculosis	Dr. V. K. Arora	
06:45PM to 07:10PM	Tricks in Geriatrics	Dr. Anil Kumar (U.K.)	
07:10PM to 07:35PM	Ageless Wisdom: Lesson on Longevity	Dr. Sanjiv Shah	
07:35PM to 08:00PM	Healthy aging – A Ray of hope for longevity	Dr. Surendra Nath Swain	



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HALL – B (Dated : 12.12.2025)

Time	Topic	Speaker	Chairpersons
03:50PM to 04:15PM	Chemistry of Aging	Dr. Padma Malika Hazra	
04:15PM to 04:40PM	Acute febrile Illness in geriatric population	Prof. Krishnendu Roy	
04:40PM to 05:05PM	Frailty Syndrome	Dr. Santosh Kumar Swain	
04:40PM to 05:05PM	Wound care in the Elderly	Dr. Ashwin Surjit	

Time	Workshop Topic	Co-ordinator	Faculty
05:30PM to 07:30PM	Workshop on COPD in Elderly	Dr. Prashant Prakash	Dr. Rahul Garg Dr. S.K. Luhadia Dr. Gaurav Chhabra Dr. Ankit Kumar Dr. Kaushik Ranjan Das



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Time	Topic	Speaker	Chairpersons
09:00AM to 09:25AM	Aging Gracefully and Prevention of Aging	Dr. D.K. Hazra	
09:25AM to 09:50AM	Dementia and diabetes – A double whammy in old age	Dr. Vinod Kumar	
09:50AM to 10:15AM	Vaccination for the Elderly	Dr. Kaushik Ranjan Das	
10:15AM to 10:40AM	Management challenges of respiratory diseases in Elderly	Dr. K. Anupama Murthy	
10:40AM to 11:05AM	Deprescribing in Elderly: A case based approach	Prof. Arunanshu Talukdar	
11:05AM to 11:30AM	Dr. O.P. Sharma and Dr. Shanti Sharma Oration – Stroke Care Pathways in Clinical Practice	Dr. Rajinder K. Dhamija	
11:30AM to 11:55AM	Dr B C Bansal & Smt Uma Bansal Oration – Geriatric Medicine & Climate Change: Hidden Health Risk for Elderly	Dr. P.C. Dash	
11:55AM to 12:20PM	Falls & its prevention in Elderly	Dr. A.K. Singh	
12:20PM to 12:45PM	In Hospital Delirium and its prevention in Elderly	Dr. Anita Basavaraj	
12:45PM to 01:10PM	Anti-Aging Medicine	Dr. Jayanta Sharma	
Lunch: 01:00PM to 03:00PM			
01:10PM to 01:35PM	Vascular Parkinsonism	Dr. Prabha Adhikari	
01:35PM to 02:00PM	Exercise in Older People	Dr. Kauser Usman	
02:00PM to 02:25PM	Post Hospitalization syndrome in the Elderly – Strategy & Management	Dr. Antarikhya Bordoloi	
02:25PM to 02:50PM	Spirituality and Geriatric Care	Dr. Chinmoy Kumar Maity	
02:50PM to 03:15PM	The Ageing Clock: How Hormones keep time	Dr. Pradnya Diggikar	
03:15PM to 03:40PM	Geriatric care in ICU setting	Dr. Pranita Das	
03:40PM to 04:05PM	The Art of Breaking Bad News in Geriatric Practice	Dr. Haroon H.	
04:05PM to 04:30PM	Diabetic Kidney Disease in Elderly	Dr. J.K. Sharma	
04:30PM to 05:00PM	Break & Setup		
05:00PM to 06:00PM	Convocation Ceremony		
06:00PM to 07:00PM	*Inauguration *Dr. V K Arora and Dr. Raksha Arora Oration/Award Presentation of Life Time Excellence in Geriatrics to Dr. O. P. Sharma		
07:00PM to midnight	Cultural Programme and Dinner		



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HALL – B (Dated : 13.12.2025)

Time	Workshop Topic	Co-ordinator	Faculty
09:00AM to 11:00AM	Obesity Workshop	Dr. Prabhat Agrawal	Dr. Rajeev Kishor Dr. B.K. Agrawal
11:55AM to 01:50PM	Insulin Workshop	Dr. Pankaj Agrawal	Dr. Ajoy Tiwari Dr. K.P. Chandra

Time	Topic	Speaker	Chairpersons
01:50PM to 02:15PM	Urinary Incontinence in Elderly	Dr. Srikant Dhar	
02:15PM to 02:40PM	Hyponatremia in Elderly	Dr. Jayashree Swain	
02:40PM to 03:05PM	Unmasking MASLD in the Elderly: Diagnostic Challenges and Clinical Clues	Dr. Deepak Bhagchandani	
03:05PM to 03:30PM	Oral Frailty and oral health care challenges in Geriatric patient	Dr. Smita Athavale	
03:30PM to 05:00PM	Annual General Body Meeting		

HALL – C (Dated : 13.12.2025)

Time	Programme	Co-ordinator	Faculty
09:00AM to 04:30PM	Practical Training of Certificate Course in Geriatric Medicine & Gerontology, Version-V	Dr. Sajesh Ashokan (Kochi)	Dr. Balakrishnan Valliyot (Kannur)
			Dr. Harjeet Singh Bhatti (Delhi)
			Dr. Nadeemu Rahman (Calicut)
			Dr. Aswin Surjit (Kochi)
			Dr. Pradnya Diggikar (Pune)



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SCIENTIFIC PROGRAMME (Dated : 14.12.2025)

HALL – A

Time	Topic	Speaker	Chairpersons
09:00AM to 09:25AM	Thyroid Disorder in Elderly	Dr. A.K. Gupta	
09:25AM to 09:50AM	Rhythm of Relief: Evidence from case based studies among people with Sun Dowing symptoms of Dementia	Dr. Sachin Desai	
09:50AM to 10:15AM	Cardiac Failure in Elderly in 2026	Dr. Alok Kumar Singh	
10:15AM to 10:40AM	Telemedicine in Geriatric	Prof. Sadhana Sharma	
10:40AM to 11:05AM	Elder Abuse: How for it is addressed	Dr. Gagan Gunjan	
11:05AM to 11:30AM	Palliative Care and end of Life Ethics	Dr. S.S. Dariya	

Time	Session	Co-ordinator	Faculty
11:30AM to 01:20PM	10 Commandments in Geriatric Care	Dr. S.K. Kalra	
11:30AM to 11:40AM	Clinical Tips for managing NAFLD		Dr. K.K. Vishwani
11:40AM to 11:50AM	Aging Gracefully – Advise from a senior physician		Dr. V.N. Kaushal
11:50AM to 12:00PM	Protecting Aging Kidneys		Dr. Tarun Mittal
12:00PM to 12:10PM	Trick to keep joints healthy		Dr. Anjana Pandey
12:10PM to 12:20PM	Managing Orthostatic hypotension in elderly population		Dr. Rahul Garg
12:20PM to 12:30PM	Obesity Management ! Drugs or Diet?		Dr. Arvind Yadav
12:30PM to 12:40PM	Choice of OHAs in Geriatric Patients		Dr. Arvind Jain
12:40PM to 12:50PM	Dermopathy in Diabetes		Dr. Praveen Gupta
12:50PM to 01:00PM	Parkinsons disease : What clinicians should know		Dr. Chandan Kumar
01:00PM to 01:10PM	Yogic Asans safe for senior citizens		Dr. Arun Chaturvedi
01:10PM to 01:20PM	Anaemia in Elderly		Dr. Suresh Kushwaha

HALL – B (Dated : 14.12.2025)

Time	Workshop Topic	Co-ordinator
09:00AM to 01:00PM	PG Programme	

Lunch: 01:30PM to 02:30PM